ELIZABETH SIGSTON / ANnew

BLOOM

Human Virtues in Flower



10–15 DECEMBER 2026

Malvern Artist Society Art Centre

1297–1299 High Street, Malvern, Victoria

Welcome to BLOOM

Flowers carry stories. They can speak of courage, offer comfort, mark a loss or celebrate a beginning. In BLOOM, they become a way to explore the qualities that shape our lives and our relationships with others.

This collection brings together Symbolic Realism and Expressive Abstraction. Some works invite you into a recognisable flower, where symbols and unexpected forms reveal another story. Others begin with colour, movement and texture, allowing a feeling or an experience to emerge.

These paintings draw on my own experiences and on the people who have influenced me: family, friends, colleagues and teachers. The stories are personal, but the qualities they explore—courage, gratitude, trust, wisdom, perseverance, compassion, hope and joy—belong to us all.

I invite you to take your time. Look closely, step back and see what changes. You may find the story I began with, or discover one of your own.

Elizabeth Sigston | ANnew

About the artist

Elizabeth Sigston, painting as ANnew, is a Melbourne-based artist working in Symbolic Realism and Expressive Abstraction. Alongside a career as an ENT and head and neck surgeon, she has developed a painting practice that explores human experience through nature, symbolism and colour.

Art has become a space for recovery, reflection and a changing sense of identity. Her paintings bring together close observation and an interest in the connections between people, experiences and the natural world. A butterfly, sometimes quietly hidden within a work, is a recurring signature.

BLOOM — Human Virtues in Flower is her first solo exhibition.

These larger paintings bring flowers into conversation with other forms and symbols. Each offers a story that unfolds through closer looking.



01 · Courage and Strength

2026 · Acrylic on canvas · AUD $4,500
Unframed (H × W × D) · 1016 × 762 × 38 mm (40 × 30 × 1.5 in)
Framed (H × W × D) · 1046 × 792 × 55 mm

The phoenix and gladiolus bring together renewal, integrity and perseverance. Drawing on my experiences of medicine, motherhood, cancer and beginning again, this painting explores courage as the willingness to continue through uncertainty, and strength as something shaped by experience. It begins a three-part journey through adversity, gratitude and transformation.



02 · Gratitude

2026 · Acrylic on canvas · AUD $4,500
Unframed (H × W × D) · 1016 × 762 × 38 mm (40 × 30 × 1.5 in)
Framed (H × W × D) · 1046 × 792 × 55 mm

A dark pink rose, buffalo horns and the suggestion of a skull bring different expressions of gratitude into one image. A further symbol rests within the petals, inviting closer discovery. The painting explores gratitude as a deep recognition of what has shaped us: beauty, what has been given, what has been endured, and what remains.



03 · Transformation

2026 · Acrylic on canvas · AUD $4,500
Unframed (H × W × D) · 1016 × 762 × 38 mm (40 × 30 × 1.5 in)
Framed (H × W × D) · 1046 × 792 × 55 mm

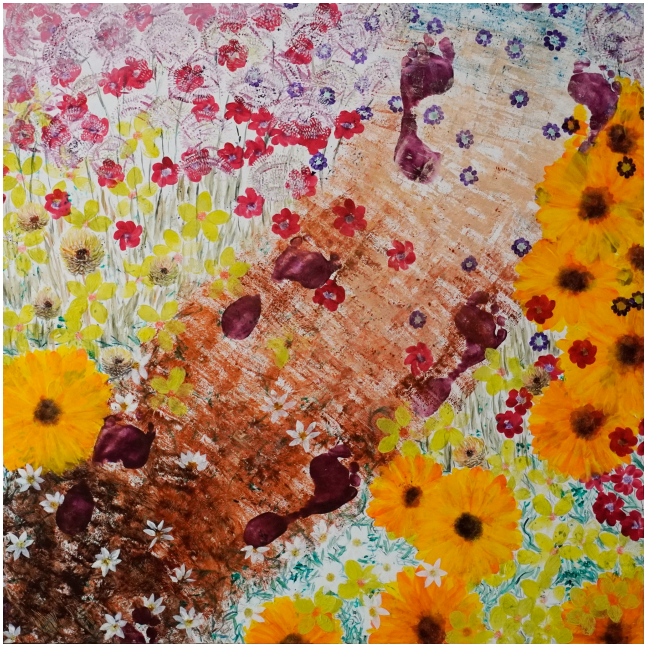
A lotus rises towards the light while a tree snake moves through the composition. One expresses transformation through emergence and growth; the other through shedding and renewal. Together they explore becoming as an ongoing process: carrying what has shaped us, releasing what no longer serves us, and moving forward changed by experience.



04 · Sanctuary

2026 · Acrylic on canvas · AUD $4,500
Unframed (H × W × D) · 762 × 1016 × 38 mm
Framed (H × W × D) · 792 × 1046 × 55 mm

Queen Anne's lace forms an arch around a luminous blue space. Hanging florets, sheltering foliage and the earth below create a place to pause. Sanctuary explores the act of making room for rest and protection, both for ourselves and for others.



05 · Legacy Garden

2026 · Mixed media on board · AUD $4,800
Unframed (H × W × D) · 1000 × 1000 × 38 mm
Framed (H × W × D) · 1003 × 1003 × 55 mm

An overgrown garden holds the traces of a life spent creating a path for others. White flowers carry innocence; large yellow blooms, joy; and the banksia, perseverance. Repeated yellow-green flowers speak of work that can be hard and repetitive, while the sheltering growth recalls the act of creating sanctuary.

A turquoise path opens towards transformation. Purple flowers—the wisdom gathered along the way—continue onto that new path. Rooted in my surgical career, Legacy Garden reflects on what we leave growing behind us and what we carry into the next part of our lives.

Six flowers offer six ways of thinking about the qualities that sustain us. Each painting combines a botanical subject with symbolic forms, inviting the viewer to look beyond the first impression.



06 · Trust Reimagined

2026 · Acrylic on linen · AUD $1,990
Unframed (H × W × D) · 508 × 406 × 38 mm
Framed (H × W × D) · 538 × 436 × 55 mm

A blue orchid holds forms that recall the links of a chain. Trust develops through connection: the willingness to depend on another person, and the care required to hold that responsibility. Blue creates a quiet setting, interrupted by a small note of yellow.



07 · Perseverance Reimagined

2026 · Acrylic on linen · AUD $1,990
Unframed (H × W × D) · 508 × 406 × 38 mm
Framed (H × W × D) · 538 × 436 × 55 mm

A banksia becomes an expression of persistence. Its structure and earthy colours carry a sense of endurance, while a subtle triskelion introduces movement and continuity. Perseverance lives here in the steady work of continuing through difficulty.



08 · Compassion Reimagined

2026 · Acrylic on linen · AUD $1,990
Unframed (H × W × D) · 508 × 406 × 38 mm
Framed (H × W × D) · 538 × 436 × 55 mm

The bleeding heart flower gives compassion a visible form. Magenta emerges from a deeper blue ground, with light suggesting warmth within vulnerability. The painting reflects on the willingness to remain open to another person's experience.



09 · Wisdom Reimagined

2026 · Acrylic on linen · AUD $1,990
Unframed (H × W × D) · 508 × 406 × 38 mm
Framed (H × W × D) · 538 × 436 × 55 mm

An iris, an owl and the Nyansapo wisdom knot bring different expressions of wisdom into one image. The painting invites consideration of wisdom as something gathered through experience, reflection and the ability to recognise connections.



10 · Hope Reimagined

2026 · Acrylic on linen · AUD $1,990
Unframed (H × W × D) · 508 × 406 × 38 mm
Framed (H × W × D) · 538 × 436 × 55 mm

Daffodils rise into the light of a new day. New growth and the suggestion of sunrise hold the possibility of a different future. Hope is expressed through the movement towards that light, even while darker passages remain.



11 · Joy Reimagined

2026 · Acrylic on linen · AUD $1,990
Unframed (H × W × D) · 508 × 406 × 38 mm
Framed (H × W × D) · 538 × 436 × 55 mm

An orange zinnia opens with warmth and energy. A double happiness symbol sits within the flower, connecting joy with its shared expression. The painting celebrates the moments that expand our sense of possibility and draw us towards one another.

The Echoes revisit human qualities through gesture, colour and texture. Many echo a Signature Story or an Intimate Story, carrying a colour, form or feeling from one painting into another. They allow the feeling of a subject to take the lead, while traces of flowers and symbols invite closer discovery.

All works in this section · 2026 · Mixed media on board · AUD $780 each
Unframed (H × W × D) · 300 × 300 × 38 mm
Framed (H × W × D) · 330 × 330 × 55 mm



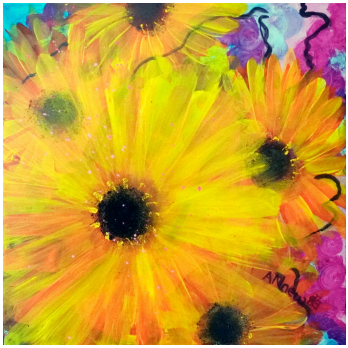
12 · The Shape of Gratitude

The Shape of Gratitude explores gratitude as something alive and in motion. Sweeping gestures, layered marks and fragments of violet and green gather and unfurl across a quiet field, suggesting an emotion that expands beyond any single form.



13 · Echo of Trust

Echo of Trust explores connection, vulnerability and the quiet strength of trust through a richly textured blue bloom. Emerging from layers of soft coral and atmospheric blue, a small yellow gesture sits at its heart — a subtle echo of human connection held within the painting.



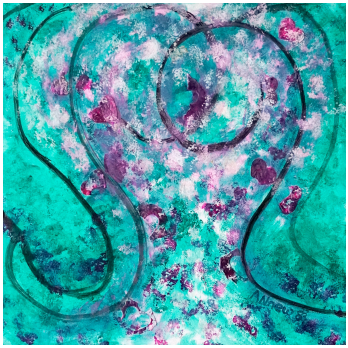
14 · Echo of Joy

An exuberant exploration of joy through colour, movement and floral form. Radiant sunflowers emerge through layers of gestural marks, vivid pink and flashes of unexpected colour, capturing joy not as something still, but as something expansive, spontaneous and difficult to contain.



15 · Echo of Hope

Echo of Hope explores hope as something quiet but persistent. From a fissure of cool light, a delicate snowdrop emerges into darkness, a small sign of life finding its way through what might otherwise seem impenetrable.



16 · Echo of Compassion

Echo of Compassion explores compassion as a current that reaches, carries and holds. Sweeping lines move through layers of phthalo green and magenta. Collaged hearts reminiscent of rose petals appear whole, fragmented and partially submerged, suggesting the vulnerability inherent in both giving and receiving compassion.



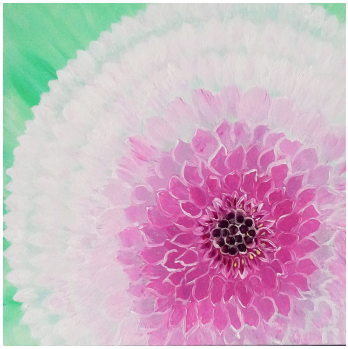
17 · Sweetness of the Soul

Inspired by alyssum and its association with sweetness of the soul, this painting explores gentleness, innocence and quiet goodness. Delicate white blossoms gather across layers of turquoise and green, evoking peace and a sense of belonging.



18 · Echo of Passion

A swirl of crimson, rose madder and magenta captures the energy and intensity of passion. Dark, sweeping gestures draw the eye inward, while flashes of turquoise-green seem to burst from the centre. *Echo of Passion* explores passion as a force that moves, transforms and refuses to be contained.



19 · Echo of Kindness

Echo of Kindness explores the quiet strength of kindness through a delicate interplay of pink, magenta and soft green. Intricate petals radiate from a richly coloured centre, gradually becoming lighter and more translucent, suggesting how even the smallest acts of kindness can ripple outwards and touch others.



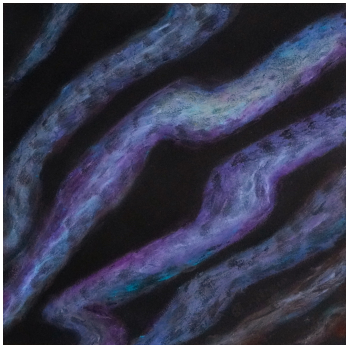
20 · Endurance

Endurance explores resilience as continuation. Sweeping ochre and burgundy forms turn through darkness, their surfaces worn like weathered wood. They carry the traces of what they've encountered as they continue to move.



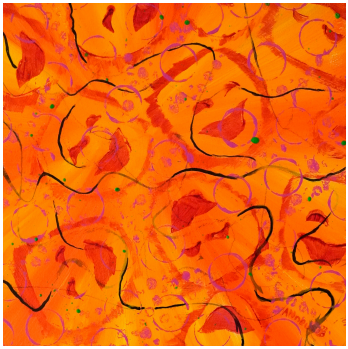
21 · Against the Tide

A pink flower opens as blue water sweeps around it, the movement of the tide visible through its petals. As the water curls past, the yellow centre catches the light, as though the flower holds a small jewel. *Against the Tide* explores what it feels like to keep opening when everything around us is pushing the other way.



22 · Echo of Transformation

Echo of Transformation explores transformation as a process of shedding and becoming. Luminous traces of violet, turquoise and soft yellow emerge from deep black, shifting with the light as they twist, disappear and re-form, releasing what has been while carrying its traces into what comes next.



23 · Echo of Laughter

An exuberant exploration of humour as a human virtue. Fragmented theatrical comedy masks dance through vibrant orange and yellow, accompanied by playful magenta bubbles, wandering black lines and unexpected flashes of fluorescent green. *Echo of Laughter* celebrates the spontaneity, connection and liberating power of laughter, reminding us that even in life's complexities, there is room for lightness, absurdity and joy.

These smaller paintings offer a close encounter with a single subject. A bud, leaf or emerging shoot becomes a way to reflect on a human quality or a moment of change.

All works in this section · 2026 · Acrylic on canvas · AUD $450 each
Unframed (H × W × D) · 254 × 203.2 × 37 mm
Framed (H × W × D) · 284 × 233.2 × 55 mm



24 · Still Remains

A burnt protea carries the traces of what it has endured. Its remaining form gives resilience a presence shaped by experience.



25 · Acceptance

A fagus leaf, touched with orange, reflects a season of change. Acceptance is about recognising that life is changing and allowing ourselves to move with it.



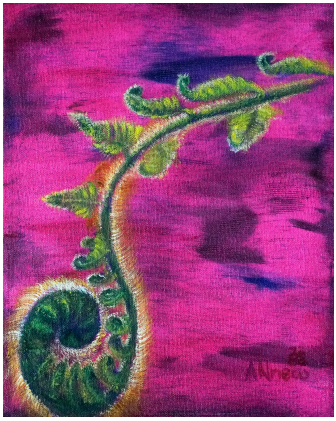
26 · Determination

A small seedling pushes against the soil. It captures the grit it takes to keep going until we break through.



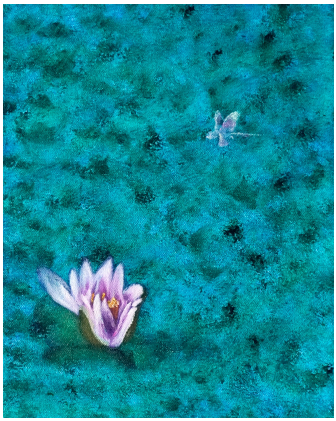
27 · Grace

A delicate branch of white olive blossoms drifts across a softly veiled background, gradually fading into pastel colour. Symbolising peace, reconciliation and goodwill, *Grace* explores both physical elegance and moral generosity — the quiet strength of kindness, understanding and forgiveness.



28 · Vitality

A young fern unfurls against a vibrant magenta background, its delicate green fronds emerging from a tightly coiled spiral. Rich ultramarine shadows and golden highlights capture the energy of growth and renewal. *Vitality* celebrates the life force within us — the enduring capacity to grow, embrace possibility and continually become.



29 · Equanimity

A luminous pale-pink water lily emerges from richly textured turquoise and indigo waters, while a delicate dragonfly passes quietly above. Inspired by moments captured in Almería, Spain, *Equanimity* explores the quiet strength of remaining balanced amid life's movement and uncertainty. A reflection on inner stillness, resilience and finding peace without requiring the world around us to be still.

Blue Orchid Collection

The Blue Orchid Collection is dedicated to my father, Doug. Blue was Dad's favourite colour, and he loved orchids. I chose the Azure Sun Orchid, a rare orchid native to south-eastern Australia, to express trust, honesty and the rarity of true connection. As the blue orchid began to recur in my paintings, it became a way to explore how the bonds that shape us endure through memory, influence and love.

In Dad's memory, I will donate ten per cent of sales from all seven Blue Orchid works to Pankind. This includes *Echo of Trust* in Abstract Echoes and *Trust Reimagined* in the Reimagined Series.





30 · Trust and Tears

2025 · Acrylic on canvas · AUD $550
Unframed · 300 × 300 × 38 mm
Framed · 330 × 330 × 55 mm

Droplets rest on the blue petals. I think of them as tears of grief and of gratitude for having known a bond worth grieving.



31 · Tranquil Trust

2026 · Acrylic on canvas · AUD $350
Unframed · 203.2 × 254 × 37 mm
Framed · 233.2 × 284 × 55 mm

In *Tranquil Trust*, an open orchid fills the canvas. Pale brushstrokes fan out from its centre into deep blue, picking out the folds of the petals. I wanted to capture the ease that comes with trust, when we feel safe enough to open up.



32 · Held in Between

2026 · Acrylic on canvas · AUD $450
Unframed · 254 × 203.2 × 37 mm
Framed · 284 × 233.2 × 55 mm

Held in Between explores the quiet space between holding on and letting go. An unopened orchid bud hangs against a field of blue, and the suggestion of a chain creates a tension between connection and release. Drawing on *Trust Reimagined* and *Echo of Trust*, the painting explores trust as the willingness to remain present when we don't yet know what comes next.



33 · Unspoken

2026 · Acrylic on canvas · AUD $1,250
Unframed · 304.9 × 406.5 × 38 mm
Framed · 334.9 × 436.5 × 55 mm

Unspoken explores the quiet language of trust through an intimate, close-up view of a blue orchid. Sweeping turquoise and indigo petals surround a mysterious dark centre, suggesting that trust is not always expressed through words, but through actions, presence and understanding.



34 · Trust, Loss and Healing

2026 · Acrylic and gold thread on canvas · AUD $4,500
Unframed (H × W × D) · 762 × 1016 × 38 mm
Framed (H × W × D) · 792 × 1046 × 55 mm

I painted *Trust and Tranquility* as a tribute to my dad, Doug. Two left hands cradle a luminous blue orchid with a heart-shaped centre, a gesture of unwavering trust and support. Subtle tears, a hidden butterfly and a grey feather in the background are part of that tribute.

The canvas was damaged during a time of grief. When I returned to it, I used sutures to bring the torn edges together. The repair left a scar that became part of the painting. I renamed it *Trust, Loss and Healing* to reflect how we can carry the marks of grief and still find healing in our loss.



35 · Mother's Love

2025 · Acrylic on canvas · AUD $1,750
Unframed (H × W × D) · 457.2 × 609.6 × 38 mm
Framed (H × W × D) · 495.3 × 647.7 × 53 mm

Mother's Love is centred on a chrysanthemum that cradles a baby in a nest at its heart. The surrounding petals stand like sentries, evoking a sense of protection and nurture. Warm, soft colours and hidden Celtic motifs invite viewers to discover layers of meaning in this meditation on maternal bonds.

Selected for *Spring Through My Eyes* (online exhibition).



36 · Dancing with Joy

2025 · Acrylic on canvas · AUD $1,750
Unframed (H × W × D) · 457.2 × 609.6 × 38 mm
Framed (H × W × D) · 495.3 × 647.7 × 53 mm

Dancing with Joy radiates with vibrant orange zinnia petals and a glowing double happiness symbol at its heart. Hidden faces and a tiny ladybug invite viewers to discover delight in the details. For me, this piece is a reminder that even when life is challenging, joy can always be found in the simple wonders of nature.

Selected for the *Colour International Exhibition 2026* at No. 35 Gallery. Chosen from over 1,000 submissions for an international exhibition representing artists from 80 countries.



37 · Elegance and Grace

2026 · Acrylic on canvas · AUD $1,750
Unframed (H × W × D) · 457.2 × 609.6 × 38 mm
Framed (H × W × D) · 495.3 × 647.7 × 53 mm

Elegance and Grace reimagines fuchsia flowers as ballerinas, symbols of grace and elegance, with their vibrant magenta petals poised in mid-dance against a backdrop of bamboo. For me, the bamboo symbolises graceful resilience. It bends with the seasons without breaking, echoing the elegance I see in both nature and movement.



38 · Enduring Love

2026 · Acrylic on canvas · AUD $3,000
Unframed (H × W × D) · 700 × 1200 × 38 mm
Framed (H × W × D) · 730 × 1230 × 55 mm

Enduring Love explores the lasting bonds of love, memory and connection. A spray of soft coral peonies seems to float against a cloudlike background. Together, the peonies and an infinity knot speak to continuity, devotion and the quiet strength of relationships that endure over time.



39 · Strength and Perseverance

2024 · Acrylic on canvas · Sold
Unframed (H × W × D) · 762 × 1016 × 38 mm
Framed (H × W × D) · 792 × 1046 × 55 mm

A vibrant Banksia flower anchors this acrylic painting, its feather-like petals symbolising the ability to rise above challenges. Earthy greens and browns reinforce the theme of perseverance, while a triskelion and a scarab beetle hidden within the petals hint at cycles of renewal and transformation. The painting invites viewers to look deeper and discover the layered stories within nature's strength.

On loan from an international collector.

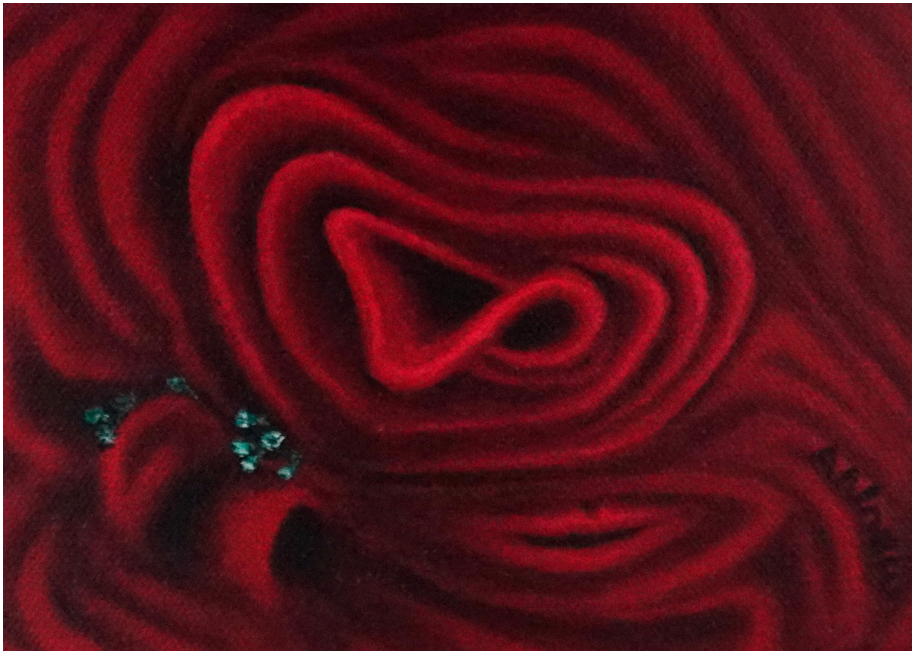
Winner of the Malvern Artist Society Emerging Artist Award, Autumn 2025.



40 · Symbiosis

2025 · Acrylic on canvas · AUD $1,350
Unframed (H × W × D) · 457.2 × 609.6 × 38 mm
Framed (H × W × D) · 495.3 × 647.7 × 53 mm

Symbiosis explores the quiet, unseen partnerships that sustain life. Inspired by the textures of wandoo bark, warm earth tones and cooler accents echo the exchange between strength and vulnerability, age and renewal. Eight ants suggest cooperation, persistence and balance, their number alluding to infinity and the ongoing cycles of life. Lines suggesting roots and veins invite reflection on how our lives are interwoven with nature, with each other and with the stories we carry.



41 · Passion in Miniature

2026 · Acrylic on canvas · AUD $275
Two-step gloss varnish system · Oak floating frame
Unframed (H × W × D) · 127 × 178 × 25 mm
Framed (H × W × D) · 155 × 206 × 55 mm

Bold colour captures the heat of desire in *Passion in Miniature*. Look closer and you'll find an infinity sign, a heart and a pair of lips. Together they suggest the different ways passion can be felt, from the immediacy of attraction to the intimacy of an enduring bond.

Fragments

Pieces to have and to hold

2026 · Acrylic on canvas · AUD $175 each

Each Fragment measures 152.4 × 101.6 mm (6 × 4 in) and is 38 mm thick. Three coats of gesso give the surface a smooth finish. The painting extends over all sides of each Fragment, and the piece is varnished so it can be handled.

42 · Perseverance	Triskelion
43 · Wisdom	Nyansapo
44 · Strength	Tree of Life
45 · Mother and Child	Celtic mother and child knot
46 · Hope	Triquetra
47 · Gratitude	Gratitude spiral

Visiting and purchasing

For artwork enquiries, please speak with Elizabeth during the exhibition or visit www.annew-art.com.

Purchased works will be available for collection or delivery following the exhibition. Please discuss arrangements at the time of purchase.

10–15 December 2026

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ANnew

Art to explore, not just observe.

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